



## Lifeway Wesleyan Church Empower U Fitness Class Waiver/Release Form

For and in consideration of Lifeway Wesleyan Church (LWC) and their Empower U Fitness Classes, permitting the participant to enroll and participate in any of the LWC Empower U Fitness classes (current or added in the future), the Participant, by signing below, hereby voluntarily indemnifies, releases from liability, and holds harmless, Lifeway Wesleyan Church, the Empower U Fitness instructors, the facility for any accident, injury, illness, death, loss, damage to person or property, or other consequences suffered by Participant or any other person arising or resulting directly or indirectly from Participant's participation in the class/event. In the event that the Participant is injured, Participant agrees to assume any financial obligation, either through Participant's personal health insurance, or through some other means, for any medical costs which Participant incurs. Lifeway Wesleyan Church or the Empower U instructor assumes no responsibility for any medical expenses, injury or damage suffered by Participant in connection with the use of any facilities or services in connection the LWC Empower U classes.

IT IS THE INTENTION OF PARTICIPANT BY SIGNING BELOW TO EXPRESSLY ASSUME ALL RISK OF PERSONAL INJURY, DEATH, OR PROPERTY DAMAGE UPON HIM/HERSELF, TO THE EXCLUSION OF LIFEWAY WESLEYAN CHURCH AND ITS EMPOWER U INSTRUCTORS AND TO EXEMPT AND RELIEVE LIFEWAY WESLEYAN CHURCH AND ITS EMPOWER U INSTRUCTORS FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH.

Participant further agrees that Participant, his/her spouse, assignees, heirs, guardians, and legal representatives will not make any claim against, sue or attach LWC and its Empower U instructors for any loss or damage resulting from Participant's participation in the classes/activities.

PARTICIPANT IS AWARE OF THE POTENTIAL DANGERS INCIDENTAL TO ENGAGING IN THE FITNESS ACTIVITIES IN THE CLASSES. PARTICIPANT AGREES THAT THIS IS A RELEASE OF LIABILITY, A WAIVER OF THE PARTICIPANT'S LEGAL RIGHT TO COLLECT DAMAGES IN THE EVENT OF INJURY, DEATH OR PROPERTY DAMAGE AND A CONTRACT BETWEEN PARTICIPANT AND LWC AND EMPOWER U INSTRUCTORS, AND PARTICIPANT SIGNS IT OF HIS/HER OWN FREE WILL.

Print Participant's Name \_\_\_\_\_

Signature of Participant \_\_\_\_\_

Date \_\_\_\_\_

Location: Lifeway Wesleyan Church

My signature above also acknowledges my agreement that I may be videotaped, audio recorded and/or photographed during the Empower U Classes, and LWC may use and modify the images and/or recordings for any and all uses, including but not limited to advertisements and marketing without any compensation and in perpetuity.